BiPAP® AVAPS™

User Manual
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CHAPTER 1: PACKAGE CONTENTS

Your BiPAP AVAPS device should include the following items. If any of these items are missing, contact your home care provider.

- Device with Encore® Pro SmartCard™
- Flexible Tubing 6 ft. (1.83 m) x 22 mm i.d.
- Power Cord
- External AC Power Supply
- Disposable Ultrafine Filter
- Reusable Gray Foam Filters
- Filter Cap
- User Manual
CHAPTER 2: WARNINGS AND CAUTIONS

WARNING: Indicates the possibility of injury to the user or operator.

CAUTION: Indicates the possibility of damage to the device.

NOTE: Places emphasis on an operating characteristic.

CAUTION: US federal law restricts this device to sale by or on the order of a physician.

2.1 WARNINGS

- This manual serves as a reference. The instructions in this manual are not intended to supersede the instructions of your health care professional.
- You should read and understand this entire manual before using the device.
- The device is not intended to provide your total ventilatory requirement.
- The prescription must only be adjusted by a trained home care provider.
- Use only the breathing circuit provided by your home care provider.
- When using a breathing circuit that contains a mask with an integrated exhalation port or a circuit with a separate exhalation device, do not tape, seal, or otherwise block the vent openings.
- If oxygen is used with the device, the oxygen flow must be turned off when the device is not in use.
- If you are using oxygen, the device must be equipped with the Respironics Pressure Valve. Failure to use the Pressure Valve could result in a fire hazard.
- Oxygen supports combustion. Oxygen should not be used while smoking or in the presence of an open flame.
- Do not use the device in the presence of a flammable anaesthetic mixture in combination with oxygen or air, or in the presence of nitrous oxide.
- Do not use the device if the room temperature is above 95°F (35°C). If the device is used at room temperatures above 95°F (35°C), the temperature of the airflow may exceed 106°F (41°C), which could cause irritation to your airway.
- Do not operate the device in direct sunlight or near a heating appliance because these conditions can increase the temperature of the air coming out of the device.
- When using this product, IEC 60601-1-1 requirements (safety requirements for medical electrical systems) must be met.
- For proper use, the power supply must be placed feet down, in the upright position.
- When the device is used with a humidifier, position the humidifier so that the water level in the humidifier is lower than you, and the humidifier is on the same level or lower than the device.
- Do not attempt to wear your mask without the device turned on. Doing so could result in CO₂ rebreathing. Rebreathing of exhaled air for longer than several minutes can, in some circumstances, lead to suffocation.
• If you notice any unexplained changes in the performance of the device, if it is making unusual or harsh sounds, if it and/or the power supply has been dropped or mishandled, if the enclosure is broken, or if water has entered the device, discontinue use and contact your home care provider.
• Repairs and adjustments must be performed by Respironics - authorized service personnel only. Unauthorized service could cause injury, invalidate the warranty, or result in costly damage.
• Periodically inspect electrical cords, cables, and the power supply device for damage or signs of wear.
• To avoid electrical shock, unplug the device before cleaning.
• Pins of connectors identified with the ESD warning symbol should not be touched. Connections should not be made to these connectors unless ESD precautionary procedures are used. Precautionary procedures include methods to prevent build-up of electrostatic discharge (e.g., air conditioning, humidification, conductive floor coverings, non-synthetic clothing), discharging one’s body to the frame of the equipment or system or to earth or a large metal object, and grounding oneself by means of a wrist strap to the equipment or system or to earth.

2.2 CAUTIONS
• The device may only be operated at temperatures between 41° F (5° C) and 95° F (35° C).
• A properly installed, undamaged reusable foam inlet filter is required for proper operation.
• Do not immerse the device or allow any liquid to enter the enclosure or the inlet filter.
• Condensation may damage the device. Always allow the device to reach room temperature before use.

NOTE: Additional warnings, cautions, and notes are located throughout this manual.

2.3 INTENDED USE

The BiPAP AVAPS device is intended to provide noninvasive ventilation for pediatric patients 7 years or older > 40 lbs (18.2 kg) and adult patients > 66 lbs (30 kg) with respiratory insufficiency or obstructive sleep apnea. This device may be used in the hospital or home.

NOTE: The device is intended for use with nasal masks and full-face masks as recommended by Respironics.

NOTE: The device is to be used only on the instruction of a trained health care professional.

WARNING: The effectiveness of Bi-Flex, C-Flex or AVAPS therapy has not been established for pediatric patients at this time.
2.4 **CONTRAINDICATIONS**

The device should not be used if you have severe respiratory failure without a spontaneous respiratory drive.

If any of the following conditions apply to you, consult your physician before using the device:

- Inability to maintain an open airway or adequately clear secretions
- At risk for aspiration of gastric contents
- Diagnosed with acute sinusitis or otitis media
- Allergy or hypersensitivity to the mask materials where the risk from allergic reaction outweighs the benefit of ventilatory assistance
- Epistaxis, causing pulmonary aspiration of blood
- Hypotension

2.5 **PRECAUTIONS**

- Immediately report any unusual chest discomfort, shortness of breath, or severe headache.
- If skin irritation or breakdown develops from the use of the mask, refer to the mask instructions for appropriate action.
- The following are potential side effects of noninvasive positive pressure therapy:
  - Ear discomfort
  - Conjunctivitis
  - Skin abrasions due to noninvasive interfaces
  - Gastric distention (aerophagia)
CHAPTER 3: INTRODUCTION TO THE DEVICE

This chapter contains the following information:

- Definitions for common terms used throughout this manual
- An overview of the device
- An explanation of the symbols used on the device and throughout this manual
- Contact information

3.1 DEFINITIONS

The following terms appear throughout this manual:

<table>
<thead>
<tr>
<th>Term</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apnea</td>
<td>A condition marked by the cessation of spontaneous breathing.</td>
</tr>
<tr>
<td>AVAPS</td>
<td>Average Volume Assured Pressure Support—a therapy feature that automatically adjusts the pressure support level of the patient to provide a consistent tidal (lung) volume to the patient.</td>
</tr>
<tr>
<td>BPM</td>
<td>Breaths Per Minute</td>
</tr>
<tr>
<td>CPAP</td>
<td>Continuous Positive Airway Pressure</td>
</tr>
<tr>
<td>EPAP</td>
<td>Expiratory Positive Airway Pressure</td>
</tr>
<tr>
<td>Exhaled Tidal Volume (V_{TE})</td>
<td>The exhaled volume of each breath</td>
</tr>
<tr>
<td>FLEX</td>
<td>A therapy feature that provides pressure relief during exhalation to improve patient comfort.</td>
</tr>
<tr>
<td>High Priority Alarm</td>
<td>An alarm signal indicating a condition that requires immediate attention.</td>
</tr>
<tr>
<td>IPAP</td>
<td>Inspiratory Positive Airway Pressure</td>
</tr>
<tr>
<td>LED</td>
<td>Light Emitting Diode</td>
</tr>
<tr>
<td>LEAK</td>
<td>The amount of airflow leak detected by the device.</td>
</tr>
<tr>
<td>Low Minute Ventilation</td>
<td>A condition in which you are not receiving a specified volume of air on a per minute basis.</td>
</tr>
<tr>
<td>Low Priority Alarm</td>
<td>An alarm signal indicating an informational message.</td>
</tr>
<tr>
<td>Low Tidal Volume</td>
<td>A condition in which the average volume over several breaths is less than expected.</td>
</tr>
<tr>
<td>Medium Priority Alarm</td>
<td>An alarm signal indicating a condition that requires operator awareness.</td>
</tr>
<tr>
<td>Minute Ventilation (MinVent)</td>
<td>The volume of air received by the patient on a per minute basis.</td>
</tr>
<tr>
<td>Operate State</td>
<td>The state of the device when the device and the airflow are both on.</td>
</tr>
<tr>
<td>OSA</td>
<td>Obstructive Sleep Apnea</td>
</tr>
<tr>
<td>Pressure Control (PC)</td>
<td>This is an optional bi-level mode which responds to your inhalation by increasing the pressure. The length of the inhalation is controlled by the device. If you do not start inhaling within a set time, the device will automatically start inhalation.</td>
</tr>
<tr>
<td><strong>Ramp</strong></td>
<td>A feature that may increase patient comfort when therapy is started. The ramp feature reduces the pressure and then gradually increases (ramps) the pressure to the prescription setting, so you can fall asleep more comfortably.</td>
</tr>
<tr>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td><strong>Respiratory Rate (RR)</strong></td>
<td>The patient’s rate of respiration.</td>
</tr>
<tr>
<td><strong>Rise Time</strong></td>
<td>The time it takes for the device to change from EPAP to IPAP. You can adjust this time for your comfort.</td>
</tr>
<tr>
<td><strong>Spontaneous (S)</strong></td>
<td>This is a bi-level mode which responds to both your inhalation and exhalation by increasing pressure when you start to inhale and decreasing pressure when you start to exhale. There is no automatic delivery of a breath if you do not inhale.</td>
</tr>
<tr>
<td><strong>Spontaneous/Timed (S/T)</strong></td>
<td>This is an optional bi-level mode which responds to both your inhalation and exhalation by increasing pressure when you start to inhale and decreasing pressure when you start to exhale. If you do not start inhaling within a set time, the device automatically starts inhalation. When the device starts inhalation, it controls the time of inhalation and automatically decreases the pressure for exhalation within a set time.</td>
</tr>
<tr>
<td><strong>Standby State</strong></td>
<td>The state of the device when the device is on, but the airflow is off.</td>
</tr>
<tr>
<td><strong>Tidal Volume ( (V_T) )</strong></td>
<td>The volume of each breath.</td>
</tr>
<tr>
<td><strong>Timed (T)</strong></td>
<td>This is an optional bi-level mode in which the device controls both inhalation and exhalation independent of spontaneous breathing.</td>
</tr>
</tbody>
</table>

### 3.2 What is Bi-level Ventilation?

Bi-level ventilation with the device helps you to breathe by supplying two levels of air pressure. The device provides a higher pressure—known as IPAP (Inspiratory Positive Airway Pressure)—when you inhale, and a lower pressure—known as EPAP (Expiratory Positive Airway Pressure)—when you exhale. The higher pressure makes it easier for you to inhale, and the lower pressure makes it easier for you to exhale.

![IPAP and EPAP Breathing Levels](image)

**Figure 3–1 IPAP and EPAP Breathing Levels**

You can adjust the Rise Time to make the pressure change more comfortable.

The device can also provide a single pressure level, known as CPAP (Continuous Positive Airway Pressure).
3.3 **What is the BiPAP AVAPS Device?**

The device, shown in Figure 3–2, supplies air pressure through a breathing circuit.

![Figure 3–2 The BiPAP AVAPS Device](image)

A breathing circuit, shown in Figure 3–3, consists of:

- Circuit tubing to deliver air from the device to your interface (e.g., mask)
- A mask or other patient interface device to deliver the prescribed pressure to your nose or nose and mouth, depending on which interface has been prescribed for you
- An exhalation device to vent exhaled air from the circuit

![Figure 3–3 Two Typical Breathing Circuits](image)

**NOTE:** The exhalation port may be part of the mask or may be part of a separate exhalation device, but is required to minimize the potential for CO\textsubscript{2} rebreathing.

The system senses your breathing effort and changes pressure levels when you inhale and exhale depending on the mode of operation.

**WARNING:** The device can operate on AC or DC power. The DC power option is not intended as a battery backup.

**CAUTION:** When DC power is obtained from a vehicle battery, the device should not be used while the vehicle’s engine is running.
3.4 Symbols

The symbols shown below are used on the device, the AC power supply, and throughout this manual.

<table>
<thead>
<tr>
<th>Symbol</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="symbol" alt="Attention, consult accompanying documents" /></td>
<td>Attention, consult accompanying documents</td>
</tr>
<tr>
<td><img src="symbol" alt="DC Power" /></td>
<td>DC Power</td>
</tr>
<tr>
<td><img src="symbol" alt="Pressure On/Off" /></td>
<td>Pressure On/Off</td>
</tr>
<tr>
<td><img src="symbol" alt="Type BF Applied Part" /></td>
<td>Type BF Applied Part</td>
</tr>
<tr>
<td><img src="symbol" alt="Class II (Double Insulated)" /></td>
<td>Class II (Double Insulated)</td>
</tr>
<tr>
<td><img src="symbol" alt="European CE Declaration of Conformity" /></td>
<td>European CE Declaration of Conformity</td>
</tr>
<tr>
<td><img src="symbol" alt="Canadian/US Certification" /></td>
<td>Canadian/US Certification</td>
</tr>
<tr>
<td><img src="symbol" alt="Electrostatic Discharge" /></td>
<td>Electrostatic Discharge</td>
</tr>
<tr>
<td><img src="symbol" alt="Drip Proof Equipment" /></td>
<td>Drip Proof Equipment</td>
</tr>
<tr>
<td><img src="symbol" alt="UL Recognized for Canada and the United States" /></td>
<td>UL Recognized for Canada and the United States</td>
</tr>
<tr>
<td><img src="symbol" alt="TUV Safety Standard Compliance" /></td>
<td>TUV Safety Standard Compliance</td>
</tr>
<tr>
<td><img src="symbol" alt="No User Serviceable Parts" /></td>
<td>No User Serviceable Parts</td>
</tr>
</tbody>
</table>

3.5 How to Contact Respironics

To have your device serviced, contact your home care provider. If you need to contact Respironics directly, call the Respironics Customer Service department at 1-800-345-6443 (USA or Canada only) or 1-724-387-4000. You can also use the following address:

Respironics
1001 Murry Ridge Lane
Murraysville, PA 15668

CHAPTER 4: DEVICE CONTROLS AND DISPLAY FEATURES

Figure 4–1 shows the location of the device’s alarm power indicators, control panel, Pressure On/Off button, and the breathing circuit connection.

4.1 PRESSURE ON/OFF BUTTON

The device’s Pressure On/Off button, located on the side of the device, starts and stops the device’s airflow.

- To turn the airflow on, press the button in, as shown in Figure 4–2. This puts the device in the Operate state.
- To turn the airflow off, press the button again. This puts the device in the Standby state.

When the device is in Standby, any ramp in progress is terminated, the alarms are reset (except for the System Errors alarm), and the humidifier is turned off.

The button is independent of the display screen.
4.2 Control Panel

The control panel contains the following control buttons and indicators.

4.2.1 Control Buttons

The control buttons on the control panel are shown in Figure 4–3.

- **HEAT**: When the optional REMstar Heated Humidifier has been prescribed, this button controls the humidifier’s output. Follow the instructions included with the humidifier. You can also use this button to adjust the settings shown in the user menu screens.

- **RAMP**: When the airflow is turned on and the ramp function is enabled, this button lowers the airflow pressure, allowing you to fall asleep more easily. You can also use this button to adjust the settings shown in the user menu screens.

- **SILENCE**: Press the left and right user buttons to navigate the display screens.

- **RESET**: This button allows you to clear an alarm and reset the device for alarm detection.

- **Scroll**: Use this button to scroll through the monitoring parameters.
### 4.2.2 Alarm and Power Indicators

Figure 4–4 shows the device’s alarm and power indicators.

![Alarm and Power Indicators Diagram]

#### AC Power Indicator
The *green AC Power* LED lights up when the device is connected to AC Power.

#### DC Power Indicator
The *green DC Power* LED lights up when the device is connected to DC power.

#### High Priority Alarm Indicator
The *red High Priority Alarm* LED lights up when a high priority alarm occurs.

#### Low/Medium Priority Alarm Indicator
The *yellow Low/Medium Alarm* LED lights up when a medium or low priority alarm occurs.

**NOTE:** All LED indicators temporarily turn on when the device is first plugged in.

### 4.2.3 Display Screen

The display shows you the measured pressure and displays alarm messages. A backlight activates when any of the buttons are pressed and remains on until there are no buttons pressed for one minute.

Figure 4–5 shows the display screen.

![Display Screen]

**Figure 4–5 Display Screen**
The information shown on the display screen is defined as follows:

**ALARM** Indicates that the device requires user attention as indicated on the screen.

**APNEA** Indicates that an apnea alarm has occurred.

**AVAPS** Indicates that the device is operating with AVAPS therapy.

**BPM** Indicates that a breath rate setting is being displayed. This symbol flashes when the device is providing timed backup breaths.

**CARD** Indicates that a SmartCard is inserted and detected.

**cm H₂O** Indicates that the alphanumeric digits are displaying a pressure value.

**CPAP** Indicates that an CPAP pressure setting is being displayed and/or the device is in CPAP mode.

**EPAP** Indicates that an EPAP pressure setting is being displayed.

**ERASE** Indicates that the user may clear the Therapy Hour Meter.

**FLEX** Indicates that the C-Flex/Bi-Flex comfort setting is being displayed or is active.

**HEAT** Indicates that the humidifier is turned on and/or its setting is displayed.

**HOURS** Indicates that the Therapy Hour Meter is being displayed.

**IPAP** Indicates that an IPAP pressure setting is being displayed.

**IPAP Max** Indicates that an IPAP *maximum* pressure setting is being displayed.

**IPAP Min** Indicates that an IPAP *minimum* pressure setting is being displayed.

**LEAK** Indicates that the Estimated Leak Rate is being displayed.

**LIGHT** Indicates that the control pad LED backlight setting is being displayed or is active.

**LPM** Indicates that the value displayed is in liters per minute.

**MinVent** Indicates that the Estimated Minute Ventilation is being displayed.

**ml** Indicates that the value displayed is in milliliters.

**PATIENT** Indicates that a Patient Disconnect alarm is active or a patient disconnect alarm setting is being displayed.
PC Indicates that the device is in PC therapy mode.

RAMP Indicates that the Ramp function is in progress or the ramp length setting is being displayed.

RAMP START Indicates that the Ramp Starting Pressure is being displayed.

RISE TIME Indicates that a rise time setting is being displayed.

RR Indicates that the Respiratory Rate (RR) is being displayed.

s The small “s” on the right side of the display (above “cm H$_2$O”) indicates that the alphanumeric digits are displaying a time value, in seconds.

S Indicates that the device is in Spontaneous therapy mode.

S/T Indicates that the device is in S/T therapy mode.

SETUP Indicates that the device is in Provider mode and not in User mode.

$T_i$ Indicates that an inspiratory time setting is being displayed.

$V_T$ Indicates that the Tidal Volume is being displayed.

$V_{TE}$ Indicates that the Estimated Exhaled Tidal Volume is being displayed.

### 4.2.4 Breathing Circuit Connection

Figure 4–6 shows where the circuit tubing connects to the device.

![Breathing Circuit Connection Diagram]

**Figure 4–6 Typical Breathing Circuit Connection**
4.2.5 **Rear Panel**

Figure 4–7 shows the device’s rear panel.

![Rear Panel Diagram]

**NOTE:** The SmartCard Connector is located on the side of the device.

**WARNING:** In order to ensure proper protection against electrical shock, only communications accessories with an IEC 60601-1 approved power supply may be connected through the SleepLink interface. All IEC 950 devices must only be connected to the 7-pin connector with the Respironics Isolation cable.

The rear panel contains the following:

- **Communications Connector** This connector accepts the Respironics Communications cable for computer and external communications or a remote alarm. (Use only with an IEC 60950 approved computer.)

- **Power Inlets** There are two power inlets on the rear panel, one for connecting the external AC power supply and another for connecting the external DC power adapter.

- **Filter Cap** The filter cap can be removed to inspect the inlet air filters.

- **Cord Retainers** Two cord retainers are located on the rear panel to provide strain relief for the power cord.
CHAPTER 5: SETTING UP THE DEVICE

This chapter provides instructions on how to:

- Install the air filters
- Position the device
- Connect the breathing circuit
- Plug the device in using AC or DC power

5.1 INSTALLING THE AIR FILTERS

CAUTION: A properly installed, undamaged gray foam filter is required for proper operation.

The device uses a gray foam filter that is washable and reusable, and an optional white, ultra-fine filter that is disposable. One filter of each kind is supplied with the device.

If your home care provider did not install the inlet air filters, you must install at least the gray foam filter before using the device.

1. Place the gray foam filter on top of the ultra-fine filter (if using the ultra-fine filter).

2. Slide the filters into the air inlet at the rear of the device, and push them down into the recess as shown in Figure 5-1.

3. Attach the filter cap as shown in Figure 5–2. Position the cap so that the small opening on the cap is facing down. Insert the cap’s bottom tabs into the openings below the filter area. Snap the cap into place.
NOTE: The filter cap should be installed with the air inlet opening at the bottom.

See Chapter 9 for information about cleaning or replacing the filters.

5.2 WHERE TO PLACE THE DEVICE

Place the device on its base somewhere within easy reach of where you will use it. Make sure that the air inlet on the rear of the device is not blocked. Place the device on a hard, flat surface. If you block the air flow around the device, the device may not work properly.

WARNING: Position the humidifier so the water level is lower than you, and the humidifier is on the same level or lower than the device. See the humidifier instructions for complete setup information.

5.3 CONNECTING THE BREATHING CIRCUIT

To connect your breathing circuit to the device, complete the following steps:

1. Connect one end of the circuit tubing to the outlet of the bacteria filter (if using one) and connect the inlet of the bacteria filter to the large connector on the device as shown in Figure 5–3.

   If you are not using a bacteria filter, connect the end of the circuit tubing directly to the outlet connector on the device.

   NOTE: Follow the recommendations of your home care provider for using the optional bacteria filter.

![Figure 5–3 Connecting the Tubing to the Outlet](image)

2. Connect the tubing to the mask:
   
   A. If you are using a mask with a built-in exhalation port, connect the mask's connector to the circuit tubing, as shown in Figure 5–4.
Figure 5–4  Connecting a Mask with a Built-In Exhalation Port

B. If you are using a mask with a separate exhalation device, connect the open end of the circuit tubing to the exhalation device as shown in Figure 5–5. Position the exhalation device so that the vented air is blowing away from your face.

Figure 5–5  Connecting a Exhalation Device

Connect the mask’s connector to the exhalation device, as shown in Figure 5–6. See the mask instructions for complete setup information.

Figure 5–6  Connecting the Mask

**WARNING:** The exhalation device is designed to exhaust CO$_2$ from the patient circuit. Do not block or seal the ports on the exhalation device.

3. Attach the headgear to the mask. See the instructions that came with your headgear.
5.4 Complete Setup

Figure 5–7 shows the completed breathing circuit setup.

![Complete Breathing Circuit Diagram]

Figure 5–7 Complete Breathing Circuit

5.5 Plugging the Device In

You can use AC or DC power to operate the device.

**WARNING:** The DC power option is not intended as a battery backup when using AC power.

**WARNING:** For proper use, the power supply must be placed feet down, in the upright position, as shown in Figure 5–8.

5.5.1 Using AC Power

Complete the following steps to operate the device using AC power:

1. Plug the pronged end of the AC power supply’s cord into an electrical outlet.

2. The external AC power supply features a cord retainer to provide strain relief for the AC power cord. Wrap the cord around the AC power supply’s cord retainer, using the wire tie supplied with your power supply.

**WARNING:** Never plug the AC power supply into an outlet that is controlled by a wall switch.

**WARNING:** Route the wires to avoid tripping.
3. Leaving a small amount of slack in the cord, connect the cord on the other side of the power supply to one of the power inlets on the device, as shown in Figure 5–8. The power cord has a locking connector. To properly plug the cord in:
   a. Pull the locking mechanism back.
   b. Push the connector into place.
   c. Release the lock.

![Figure 5–8 Plugging in the AC Power Supply]

**NOTE:** You can plug the cord into either of the power inlets on the back of the device.

4. Wrap the cord around the device’s power cord retainer, which provides strain relief for the power cord.

5. Ensure that all connections are secure.

**NOTE:** If you need to disconnect the power cord from the device, slide the locking connector back and then remove the power cord.

### 5.5.2 Using DC Power

You can operate the device on DC power by using the Respironics DC power adapter accessory. See the DC power adapter instructions for more information.

**CAUTION:** Use only the Respironics DC power adapter available from your home care provider. Using any other system may cause damage to the device or the vehicle.

**CAUTION:** When using DC power from a vehicle battery, the device should not be used while the vehicle’s engine is running. Damage to the device or the vehicle may occur.
CHAPTER 6: OPERATING THE DEVICE

This chapter explains how to start the device and change the device settings.

6.1 STARTING THE DEVICE

1. Plug in the device to an AC or DC power source to power up the device. A confirmation alarm sounds, and the control pad buttons light up.

NOTE: If the alarm does not sound or the buttons do not light up, the device requires servicing. Call your home care provider.

Several screens appear initially during this step:

a. The first screen that appears is the Self Test screen, shown in Figure 6–1. This is the internal test performed by the device.

![Figure 6–1 Self Test Screen](image)

b. The next screen displays the software version, as shown in Figure 6–2:

![Figure 6–2 Software Version Screen](image)

NOTE: The version number (1.0) shown in Figure 6–2 is an example. Your device may have a higher software version installed.

c. The third screen to appear is the Blower Hours screen, which displays the blower hours time meter:

![Figure 6–3 Blower Hours Screen](image)
NOTE: With the exception of the button, the control pad is inactive during these first three screens. Each of these screens appears for approximately 1-3 seconds.

d. The next screen that appears is the Standby screen, shown in Figure 6–4. This indicates that the device is in the Standby state (the blower is off).

![Figure 6–4 Standby Screen](image)

2. Press the button to put the device into the Operate state (and turn on the airflow). The Monitoring screen, shown in Figure 6–5, appears.

![Figure 6–5 Monitoring Screen](image)

Both the Monitoring and the Standby screens display PATIENT, APNEA, LIGHT and HEAT if these features are enabled. Additionally, CARD displays if a SmartCard is inserted.

The Monitoring screen also displays the actual measured pressure and FLEX if Flex is enabled, and AVAPS, if AVAPS is enabled.

3. Put on your mask assembly when the air starts to flow.

4. Make sure that no air is leaking from your mask into your eyes. If it is, adjust the mask and headgear until the air leak stops. See the instructions that came with your mask for more information.

NOTE: A small amount of mask leak is normal and acceptable. Correct large mask leaks or eye irritation from an air leak as soon as possible.

5. If you are using the device while sleeping, try placing the tubing from the device over your headboard. This may reduce tension on the mask.

6. Relax. Take normal, relaxed breaths through your nose.

NOTE: If you are having trouble with your mask, see Chapter 8, Troubleshooting, for some suggestions.
6.2 Changing the Device Settings

You can view the following settings and indicators on the display screen:

- Measured pressure
- Therapy Mode
- SmartCard
- Patient alarms

Additionally, you can view and modify the following settings using the display screens:

- Humidifier heat
- Flex
- Rise Time
- Ramp start pressure
- LED backlight

**NOTE:** When changing any setting (except for the Ramp Start Pressure setting), once a maximum setting is reached, the setting rolls back over to the minimum setting, and likewise, once a minimum setting is reached, it rolls back over to the maximum setting provided. For example, the minimum humidifier setting is 1 and the maximum is 5. Once the humidifier setting is increased to 5, if you press the HEAT button again, the setting will go back to 1. Or, once the humidifier setting is decreased to 1, if you press the RAMP button again, the setting will go back to 5.

6.2.1 Changing the Humidifier Setting

If you are using the REMstar Heated Humidifier with your device, you can adjust the humidifier heat setting by completing the following steps:

1. From either the Standby or Monitoring screen, press and hold the HEAT button for several seconds. The Humidifier Setting screen appears, as shown in Figure 6–6.

![Figure 6–6 Humidifier Setting Screen](image)

2. Press the HEAT button to increase the humidifier setting, or press the RAMP button to decrease the setting. You can adjust the setting from 1 to 5. The change takes effect immediately as you adjust the setting.

3. You can exit this screen by pressing the Left or Right User buttons or the SILENCE button.

For additional information on using a humidifier with the device, see Chapter 10.
6.2.2 Navigating the User Display Screens

You can navigate the rest of the user display screens by pressing the Left and Right User keys.

You can change the settings on any of the display screens by pressing the HEAT and RAMP buttons to increase or decrease the setting.

You can exit any of the user display screens by pressing the SILENCE button.

Figure 6–7 shows how to navigate the user display screens using the right and left user buttons.

![Diagram of user display screens]

**Figure 6–7 Navigating the User Display Screens**
6.2.2.1 Changing the Flex Setting

The Flex setting allows you to adjust the level of air pressure relief that you feel when you exhale during therapy.

**WARNING:** The effectiveness of Bi-Flex, C-Flex or AVAPS therapy has not been established for pediatric patients at this time.

**NOTE:** The Flex feature is not prescribed for all users. If the screen shown in Figure 6–8 does not appear on your display, you cannot adjust this setting.

To change the Flex setting, complete the following steps:

1. From either the Monitoring or Standby screens, press the Right User button. The Flex Setting screen appears, as shown in Figure 6–8.

![Figure 6–8 Flex Setting Screen](image)

2. To increase or decrease the Flex setting, press the **HEAT** or **RAMP** button until the correct setting appears. You can choose from 1 to 3.

**NOTE:** It is recommended that you start with the minimum setting of 1, which provides the least relief. Levels 2 and 3 progressively increase the pressure relief.

6.2.2.2 Changing the Rise Time Setting

Rise time is the time it takes for the device to change from EPAP to IPAP. You can adjust the rise time to find the setting that provides you with the most comfort.

**NOTE:** If the screen shown in Figure 6–9 does not display, you cannot adjust this setting. Additionally, if the Flex feature has been prescribed for you, when Flex is enabled, the rise time is fixed at a setting of 3. The Rise Time screen will not display, and you won’t be able to adjust the setting.

To change the rise time setting, complete the following steps:

1. From either the Monitoring or Standby screens, press the Right User button until you reach this screen. The Rise Time Setting screen is shown in Figure 6–9.

![Figure 6–9 Rise Time Setting Screen](image)
2. Increase or decrease the rise time setting from 1 to 6 by pressing the HEAT or RAMP button until you find the right setting. A setting of 1 is the fastest rise time, while 6 is the slowest.

6.2.2.3 Changing the Ramp Starting Pressure

The device is equipped with an optional ramp feature. This feature will reduce the pressure and then gradually increase (ramp) the pressure to the prescription pressure setting so you can fall asleep more comfortably.

NOTE: The ramp feature is not prescribed for all users. If the screen shown in Figure 6–10 does not appear on your display, you cannot adjust this setting.

To change the ramp starting pressure setting, complete the following steps:

1. From either the Monitoring or Standby screens, press the Right User button until the Ramp Start Setting screen appears, as shown in Figure 6–10.

![Figure 6–10 Ramp Start Setting Screen]

2. Press the HEAT or RAMP button to increase or decrease the ramp starting pressure as needed. You can adjust the setting from 4.0 cm H₂O to your EPAP or CPAP setting.

6.2.2.4 Changing the LED Backlight Setting

When airflow is turned on and the device is in the Operate state, you can turn the control pad lighting behind the buttons on or off using the LED backlight setting.

NOTE: The lights are always on when the airflow is off and the device is in Standby.

To change the LED backlight setting, complete the following steps:

1. From either the Monitoring or Standby screens, press the Right User button until the LED Backlight Setting screen appears, as shown in Figure 6–11.

![Figure 6–11 LED Backlight Setting Screen]

2. Press the HEAT or RAMP button to select a new setting. A setting of 1 means the light is on, while 0 means the light is off.
6.3 **Monitoring Measured Parameters**

You can view four measured parameters—leak, respiratory rate, minute ventilation, and exhaled tidal volume. To access these screens from the Monitoring or Standby screens, press the small circular Scroll button (●) located near the **RESET** button.

Figure 6–12 shows how to navigate the measured parameter screens.

![Figure 6–12 Measured Parameter Screen Navigation](image)

To return to the Monitoring or Standby Screen from these Measured Parameter screens, press the **SILENCE** button.

**NOTE:** If you view these screens from the Standby screen, each of these screens will display a value of zero, because no therapy is being delivered.

1. **Leak Screen**

   This screen, shown in Figure 6–13, shows the average of the leak values for the previous six breaths.

![Figure 6–13 Leak Screen](image)
2. Respiratory Rate Screen

This screen, shown in Figure 6–14, shows the average rate of respiration for the previous six breaths.

![Figure 6–14 Respiratory Rate Screen](image)

3. Minute Ventilation Screen

This screen, shown in Figure 6–15, shows the estimated Exhaled Minute Ventilation (the volume of air received on a per minute basis) based on the average of the previous six breaths.

![Figure 6–15 Minute Ventilation Screen](image)

**NOTE:** The value shown for Exhaled Minute Ventilation is an estimate.

4. Exhaled Tidal Volume Screen

This screen, shown in Figure 6–16, shows the estimated Exhaled Tidal Volume, which is the volume of each breath.

![Figure 6–16 Exhaled Tidal Volume Screen](image)

**NOTE:** The value shown for Exhaled Tidal Volume is an estimate.
CHAPTER 7: ALARMS

This chapter describes the alarms and what you should do if an alarm occurs.

7.1 INTRODUCTION TO ALARMS

The device provides three alarm levels: high, medium, and low priority.

High Priority These alarms require immediate response. The alarm signal consists of a red LED indicator and a sound that is either a periodic pattern consisting of a two-second beep followed by two seconds of silence or a pattern of three beeps, a pause, and then two more beeps. The display has ALARM at the top of the screen. The tables in Section 7.3 display these sounds using the following symbols: • • • • or • • • •

Medium Priority These alarms require prompt response. The alarm signal consists of a yellow LED and a sound that repeats a pattern of three beeps. The display has ALARM at the top of the screen. The tables in Section 7.3 display these sounds using the following symbols: • • •

Low Priority These alarms require your awareness. The alarm signal consists of a yellow LED and a sound that repeats a pattern of two beeps. The display has ALARM at the top of the screen. The tables in Section 7.3 display these sounds using the following symbols: • •

Some audible alarms are self-cancellable. This means that the alarm sound stops when the cause of the alarm is corrected.

The alarm LED indicators are shown in Figure 7–1.

In addition to the alarm LED indicators, the control panel also contains Alarm Reset and Alarm Silence buttons, as shown in Figure 7–2.
7.2 **What to Do When an Alarm Occurs**

The following example applies to most alarm conditions. Follow these steps unless otherwise directed by the alarm tables that follow.

1. Look at the alarm indicators and listen to the alarm sound.

   ![Alarm LED Lights Up](image)

   **Figure 7–3 Alarm LED Lights Up**

   Note the color of the LED and whether the LED is solid or flashing.

2. Look at the display for text.

   ![Sample Alarm Display](image)

   **Figure 7–4 Sample Alarm Display**

   **ALARM** appears at the top of the screen to indicate an alarm. Additional codes and symbols may also appear depending on the type of alarm.

3. Press the **SILENCE** button to temporarily silence the alarm (for one minute). The display returns to the screen that was showing when the alarm occurred.

4. Look up the alarm in the alarm tables shown in Section 7.3 and perform the action specified.

5. Press the **RESET** button to clear the alarm.
### 7.3 Alarm Tables

The following tables summarize the high priority, medium priority, and low priority alarms.

#### 7.3.1 High Priority Alarms

<table>
<thead>
<tr>
<th>Alarm LED</th>
<th>Alarm Sound</th>
<th>Display Message</th>
<th>Device Action</th>
<th>Possible Cause</th>
<th>Your Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Flash</td>
<td>• • • • • ALARM and PATIENT flash</td>
<td>Operates</td>
<td>Breathing circuit is disconnected or has a large leak.</td>
<td>Reconnect the circuit or fix the leak.</td>
<td></td>
</tr>
<tr>
<td>Red Flash</td>
<td>• • • • ALARM and APNEA flash</td>
<td>Operates</td>
<td>An apnea event occurred during therapy.</td>
<td>Continue using the device. Report the alarm to your home care provider.</td>
<td></td>
</tr>
<tr>
<td>Red Flash</td>
<td>• • • • ALARM and MinVent flash</td>
<td>Operates</td>
<td>A low minute ventilation event occurred during therapy.</td>
<td>Press the RESET button to reset the alarm. Continue using the device. Report the alarm to your home care provider.</td>
<td></td>
</tr>
<tr>
<td>Red Flash</td>
<td>• • • • ALARM and Vte flash</td>
<td>Operates</td>
<td>A low tidal volume event occurred during therapy.</td>
<td>Press the RESET button to reset the alarm. Continue using the device. Report the alarm to your home care provider.</td>
<td></td>
</tr>
<tr>
<td>Red Flash</td>
<td>• • • • ALARM flashes and an error code (&quot;Exx&quot;) displays</td>
<td>Shuts down. Blower cannot be restarted.</td>
<td>Device failure</td>
<td>Press the RESET button to reset the alarm. Remove power from the unit. Restore power. If the alarm continues, contact your home care provider.</td>
<td></td>
</tr>
<tr>
<td>Red Flash</td>
<td>• • • • ALARM and cm H2O flash</td>
<td>Operates</td>
<td>Excessive leak or blockage; malfunctioning unit.</td>
<td>Press the RESET button to reset the alarm. Check for the following: dirty inlet filters, blocked air intake, excessive leak in the circuit. If the alarm continues, call your home care provider.</td>
<td></td>
</tr>
<tr>
<td>Red Solid</td>
<td>Blank screen</td>
<td>Shuts down</td>
<td>Battery is discharged.</td>
<td>Press the ON/OFF button to silence the alarm. Remove the DC power source from the unit. Replace the battery and restore power to the unit. Or, seek a reliable AC power source. Restore power. If the alarm continues, call your home care provider.</td>
<td></td>
</tr>
</tbody>
</table>
### 7.3.2 Medium Priority Alarms

<table>
<thead>
<tr>
<th>Alarm LED</th>
<th>Alarm Sound</th>
<th>Display Message</th>
<th>Device Action</th>
<th>Possible Cause</th>
<th>Your Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellow Flash DC Power LED Flashes</td>
<td>• • •</td>
<td></td>
<td>Operates</td>
<td>Battery is nearly discharged.</td>
<td>Press the <strong>RESET</strong> button to reset the alarm. Replace the battery. If the alarm continues, contact your home care provider.</td>
</tr>
</tbody>
</table>

### 7.3.3 Low Priority Alarms

<table>
<thead>
<tr>
<th>Alarm LED</th>
<th>Alarm Sound</th>
<th>Display Message</th>
<th>Device Action</th>
<th>Possible Cause</th>
<th>Your Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yellow Solid CARD</td>
<td>• •</td>
<td>CARD flashes and card error code (&quot;Cxx&quot;) displays</td>
<td>Operates</td>
<td>There is a problem with the SmartCard inserted in the SmartCard connectivity slot. Perhaps the SmartCard is inserted upside down or backwards.</td>
<td>Confirm that the SmartCard is properly inserted. If the alarm continues to occur, remove the SmartCard from the device and contact your home care provider.</td>
</tr>
<tr>
<td>Yellow Solid DC power</td>
<td>• •</td>
<td></td>
<td>Operates</td>
<td>The device lost AC power and is now operating on DC power. At start-up only, alarm notifies you that a battery is being used to provide power.</td>
<td>Press the <strong>RESET</strong> button to reset the alarm. Check the AC power. Seek a reliable power source. Provide AC power if you do not want to use a battery; otherwise, no further action is needed.</td>
</tr>
<tr>
<td>Yellow Solid AC power</td>
<td>• •</td>
<td>Unchanged</td>
<td>Operates</td>
<td>The AC power supply is out of spec (&lt;22V) or there is a defective battery sense line on the DC power adapter.</td>
<td>Remove power from the device and then restore power. If alarm continues to occur, contact your home care provider.</td>
</tr>
<tr>
<td>Yellow Solid</td>
<td>• •</td>
<td>ALARM, CARD and cm H₂O flash</td>
<td>Operates</td>
<td>The device has successfully downloaded the prescription from the SmartCard.</td>
<td>Remove the SmartCard from the device. If alarm continues to occur, contact your home care provider.</td>
</tr>
</tbody>
</table>
**CHAPTER 8: TROUBLESHOOTING**

This chapter describes problems that you may experience with your device or mask and provides possible solutions.

<table>
<thead>
<tr>
<th>Problem</th>
<th>Why It Happened</th>
<th>What To Do</th>
</tr>
</thead>
<tbody>
<tr>
<td>The device does not operate when you press the button.</td>
<td>If the power LED is off, there's no power at the outlet or the device is unplugged. If the power LED is on, the problem is in the device.</td>
<td>Check the outlet power and verify that the device is plugged in. If the problem continues, call your home care provider.</td>
</tr>
<tr>
<td>The air out of the mask is much warmer than usual.</td>
<td>The inlet filters may be dirty. The device may be operating in direct sunlight or near a heater.</td>
<td>Clean or replace the inlet air filters as described in Chapter 9. Make sure the device is away from bedding or curtains that could block the flow of air around the device. Make sure the device is away from direct sunlight and heating equipment. If the problem persists, contact your home care provider.</td>
</tr>
<tr>
<td>The mask feels uncomfortable to wear.</td>
<td>This could be due to improper headgear adjustment or improper mask fitting.</td>
<td>Check the headgear adjustment as described in the headgear instructions. Refer to your mask instructions to make sure the mask is properly fitted. If the problem continues, contact your home care provider for a refitting or a different size mask.</td>
</tr>
<tr>
<td>There is significant air leakage round the mask.</td>
<td>This could be due to improper headgear adjustment or improper mask fitting.</td>
<td>Check the headgear adjustment as described in the headgear instructions. Refer to your mask instructions to make sure the mask is properly fitted. If the problem continues, contact your home care provider for a refitting or a different size mask.</td>
</tr>
<tr>
<td>Redness occurs when the mask cushion comes in contact with the skin.</td>
<td>This could be due to improper mask fitting or improper mask cleaning.</td>
<td>Be sure to rinse the mask thoroughly after cleaning to remove residue. See the mask cleaning instructions for detailed information. If the problem continues, contact your home care provider for a refitting or a different size mask.</td>
</tr>
<tr>
<td>Redness occurs when the mask cushion accessory comes in contact with the skin.</td>
<td>Irritation or allergic reaction to the mask material.</td>
<td>Use a barrier between your skin and the mask, such as 3M’s Microfoam® or Squibb’s Duoderm®. Refer to your mask instructions for additional information.</td>
</tr>
<tr>
<td>Problem</td>
<td>Why It Happened</td>
<td>What To Do</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>--------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Sore or dry eyes.</td>
<td>The mask may not be positioned correctly, or the mask is not properly fitted.</td>
<td>Check the headgear adjustment as described in the headgear instructions. Refer to your mask instructions to make sure the mask is properly fitted. If the problem continues, contact your home care provider for a refitting or a different size mask.</td>
</tr>
<tr>
<td>There are unexplained changes in the</td>
<td>The device or power supply has been dropped or mishandled, or water has been</td>
<td>Discontinue use. Contact your home care provider or Respironics for directions on how to have your device serviced. Please have the serial number ready when you call.</td>
</tr>
<tr>
<td>performance of the device.</td>
<td>spilled onto or into the device or the power supply.</td>
<td></td>
</tr>
<tr>
<td>A patient disconnect alarm occurs.</td>
<td>The tubing has become disconnected from the system.</td>
<td>Press the <strong>RESET</strong> button to reset the alarm. Reconnect the tubing. If the alarm continues, the device may not be operating correctly. Contact your home care provider or Respironics for directions on having the device serviced. Please have your serial number ready when you call.</td>
</tr>
<tr>
<td>The mask feels uncomfortable to wear.</td>
<td>This could be due to improper headgear adjustment or improper mask fitting.</td>
<td>Check the headgear adjustment as described in the headgear instructions. Refer to your mask instructions to make sure the mask is properly fitted. If the problem continues, contact your home care provider for a refitting or a different size mask.</td>
</tr>
<tr>
<td>Runny nose.</td>
<td>Nasal reaction to the airflow.</td>
<td>Call your health care professional.</td>
</tr>
<tr>
<td>The device's display is erratic.</td>
<td>The device or power supply has been dropped or mishandled, or the device or</td>
<td>Unplug the device and the power supply. Relocate the device to an area with lower EMI emissions.</td>
</tr>
<tr>
<td></td>
<td>power supply is in an area with high EMI emissions.</td>
<td></td>
</tr>
<tr>
<td>Problem</td>
<td>Why It Happened</td>
<td>What To Do</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>-------------------------------------------------------------------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>A SmartCard error occurs.</td>
<td>The SmartCard is not inserted properly. It may be inserted upside down or</td>
<td>Remove the SmartCard and reinsert it so that the printed side of the card</td>
</tr>
<tr>
<td></td>
<td>backwards.</td>
<td>is facing up and the end with the arrow goes into the device first.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>If the error message appears again, contact your home care provider or</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Respironics for directions on having your device serviced. Please have your</td>
</tr>
<tr>
<td></td>
<td></td>
<td>serial number ready when you call.</td>
</tr>
</tbody>
</table>
CHAPTER 9: CLEANING AND MAINTENANCE

This chapter provides information on how to clean and maintain your system.

9.1 CLEANING THE DEVICE

Before cleaning or performing any routine maintenance, always make sure the device is not operating and disconnect the device from the power source.

NOTE: The following cleaning instructions are for the device only. To clean the accessories, refer to each accessory’s instruction sheet.

CAUTION: Do not immerse the device or allow any liquid to enter the enclosure, inlet filter, or any openings.

Clean the front panel and exterior of the enclosure as needed using a cloth dampened with water and a mild detergent. Allow the device to dry completely before plugging in the power cord.

Gently wash the reusable circuit tubing in a solution of warm water and a mild detergent. Rinse thoroughly and allow to air dry.

9.2 CLEANING OR REPLACING THE INLET FILTERS

The device has two removable filters at the air inlet. The gray foam filter is washable and reusable. The optional white, ultra-fine filter is disposable. The gray foam filter should be cleaned at least once every two weeks under normal usage and replaced with a new one every six months. The white ultra-fine filter is disposable and should be replaced after 30 nights of use or sooner if it appears dirty. Do not attempt to clean the ultra-fine filter because this will damage the filter.

NOTE: Dirty inlet filters may cause high operating temperatures and may affect performance. Regularly examine the inlet filters as needed for integrity and cleanliness.

1. Make sure the device is not operating, and disconnect the power cord from the wall outlet or DC source.

2. As shown in Figure 9–1, remove the filter cap by gently pressing down on the top panel and pulling the cap out, away from the device.

![Figure 9–1 Removing the Filter](image)
3. Remove the filters from the enclosure as shown in Figure 9–2. The top filter is the reusable gray foam filter. The bottom filter is the optional disposable, white, ultra-fine filter.

![Reusable Gray Foam Filter and Disposable Ultra-fine Filter](image)

**Figure 9–2 Removing the Air Filters**

4. Check the filters to see if they are dirty or torn.

5. If needed, wash the foam filter in warm water and a mild detergent. Rinse the filter thoroughly to remove all detergent residue. Allow the filter to completely dry before reinstalling it. If the foam filter is torn, replace it.

6. If the ultra-fine filter is dirty or torn, replace it.

7. Reinstall the filters, with the ultra-fine filter on the bottom. Slide the filters into the air inlet at the rear of the device and push them down into the recess.

8. Replace the filter cap. Contact your home care provider to order additional filters.

**NOTE:** To clean the breathing circuit accessories, refer to each accessory’s instruction sheet.
CHAPTER 10: ACCESSORIES

There are several accessories you can use with the device.

10.1 ADDING A HUMIDIFIER

The REMstar Heated Humidifier, REMstar Passover Humidifier, and H2 Heated Humidifier are available from your home care provider. The humidifiers may reduce nasal dryness and irritation by adding moisture (and heat, if applicable) to the airflow.

CAUTION: For safe operation, the humidifier must always be positioned below the circuit connection at the mask and the air outlet on the device. The humidifier must be level for proper operation.

Refer to the humidifier instructions for complete setup information.

10.2 ADDING OXYGEN TO THE DEVICE

Oxygen may be added to the mask connection. Please note the warnings listed below when using oxygen with the device.

WARNING: If you are using oxygen, your device must be equipped with the Respironics Pressure Valve. Failure to use the Pressure Valve could result in a fire hazard.

WARNING: Oxygen accelerates fires. Keep the device and the $O_2$ containers away from heat, open flames, any oily substance, or other sources of ignition. Do not smoke in the area near the device or the $O_2$ container.

WARNING: When using oxygen with your device, the oxygen supply must comply with the local regulations for medical oxygen.

WARNING: When using oxygen with this system, turn the device on before turning the oxygen on. Turn the oxygen off before turning the device off. This will prevent oxygen accumulation in the device.
CHAPTER 11: SPECIFICATIONS

11.1 ENVIRONMENTAL

<table>
<thead>
<tr>
<th></th>
<th>Operating</th>
<th>Storage</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Temperature</strong></td>
<td>41° F to 95° F</td>
<td>-4° F to 140° F</td>
</tr>
<tr>
<td></td>
<td>(5° C to 35° C)</td>
<td>(-20° C to 60° C)</td>
</tr>
<tr>
<td><strong>Relative Humidity</strong></td>
<td>15 to 95%</td>
<td>15 to 95%</td>
</tr>
<tr>
<td></td>
<td>(non-condensing)</td>
<td>(non-condensing)</td>
</tr>
<tr>
<td><strong>Atmospheric Pressure (5600 feet to sea level)</strong></td>
<td>83 to 102kPa</td>
<td></td>
</tr>
</tbody>
</table>

11.2 PHYSICAL

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Dimensions:</strong></td>
<td>9.75” L x 6.625” W x 4.4” H</td>
</tr>
<tr>
<td></td>
<td>(24.8 cm L x 16.8 cm W x 11.2 cm H)</td>
</tr>
<tr>
<td><strong>Weight:</strong></td>
<td>4 lbs. (1.8 kg)</td>
</tr>
</tbody>
</table>

11.3 ELECTRICAL

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AC Voltage Source:</strong></td>
<td>100 to 240 V, 50/60 Hz</td>
</tr>
<tr>
<td><strong>DC Voltage Source:</strong></td>
<td>12 VDC (when operated with the external DC power adaptor accessory)</td>
</tr>
<tr>
<td><strong>AC Current:</strong></td>
<td>1.25 A maximum</td>
</tr>
<tr>
<td><strong>DC Current:</strong></td>
<td>3.0 A maximum</td>
</tr>
<tr>
<td><strong>Protection against electric shock:</strong></td>
<td>Class II</td>
</tr>
<tr>
<td><strong>Degree of protection against electric shock:</strong></td>
<td>Type BF Applied Part</td>
</tr>
<tr>
<td><strong>Degree of protection against harmful ingress of water:</strong></td>
<td>BiPAP AVAPS device: Ordinary Equipment, IPX0</td>
</tr>
<tr>
<td></td>
<td>AC Power Supply: Drip Proof, IPX1</td>
</tr>
<tr>
<td></td>
<td>DC Power Adapter: Drip Proof, IPX1</td>
</tr>
<tr>
<td><strong>Modes of Operation:</strong></td>
<td>Continuous</td>
</tr>
<tr>
<td><strong>Electromagnetic Compatibility:</strong></td>
<td>The BiPAP AVAPS device meets the requirements of EN 60601-1-2, second edition (2001).</td>
</tr>
<tr>
<td><strong>Fuses:</strong></td>
<td>There are no user-replaceable fuses.</td>
</tr>
</tbody>
</table>

11.4 PRESSURE

| **Output:**           | 4 to 30 cm H$_2$O       |
11.5 **CONTROL ACCURACY**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Range</th>
<th>Accuracy</th>
</tr>
</thead>
<tbody>
<tr>
<td>IPAP</td>
<td>4 to 30 cm H\textsubscript{2}O*</td>
<td>± 5 cm H\textsubscript{2}O**</td>
</tr>
<tr>
<td>EPAP</td>
<td>4 to 25 cm H\textsubscript{2}O*</td>
<td>± 5 cm H\textsubscript{2}O**</td>
</tr>
<tr>
<td>CPAP</td>
<td>4 to 20 cm H\textsubscript{2}O</td>
<td>± 5 cm H\textsubscript{2}O**</td>
</tr>
<tr>
<td>Breath Rate</td>
<td>0 to 30 BPM</td>
<td>Greater of ± 1 BPM or ± 10% of the setting (when measured over a 4 minute period)</td>
</tr>
<tr>
<td>Timed Inspiration</td>
<td>0.5 to 3.0 seconds</td>
<td>± (0.1 + 10% of the setting) seconds</td>
</tr>
<tr>
<td>Ramp Duration</td>
<td>0 to 45 minutes</td>
<td>± 10% of the setting</td>
</tr>
<tr>
<td>Rise Time</td>
<td>1 to 6 ***</td>
<td>± 25%****</td>
</tr>
</tbody>
</table>

* Limited to 25 cm H\textsubscript{2}O when using the Bi-Flex feature in S mode.
** Dynamic pressure accuracy is ± 5 cm H\textsubscript{2}O measured at the patient end of the circuit with a Whisper Swivel II and varying flow conditions. Static pressure accuracy is ± 2 cm H\textsubscript{2}O measured at the patient end of the circuit with a Whisper Swivel II and no patient flow.
*** The range of values correspond to tenths of seconds (e.g., a setting of 4 indicates a Rise Time of 0.4 seconds).
**** Measured at the patient end of circuit with a Whisper Swivel II exhalation device and no patient flow.

11.6 **MEASURED PARAMETER ACCURACY**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Accuracy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Respiratory Rate</td>
<td>Greater of ±1 BPM or ±10% of reading when measured over a four minute period</td>
</tr>
<tr>
<td>Exhaled Tidal Volume</td>
<td>± (25 + 0.15 of reading) ml</td>
</tr>
<tr>
<td>Exhaled Minute Ventilation</td>
<td>± (1 + 0.15 of reading) L/min</td>
</tr>
<tr>
<td>Leak Rate</td>
<td>± (5 + 0.15 of reading) L/min</td>
</tr>
</tbody>
</table>

11.7 **DISPOSAL**

Dispose of this device in accordance with local regulations.
**APPENDIX A: EMC INFORMATION**

**GUIDANCE AND MANUFACTURER’S DECLARATION - ELECTROMAGNETIC EMISSIONS:** This device is intended for use in the electromagnetic environment specified below. The user of this device should make sure it is used in such an environment.

<table>
<thead>
<tr>
<th>EMISSIONS TEST</th>
<th>COMPLIANCE</th>
<th>ELECTROMAGNETIC ENVIRONMENT - GUIDANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>RF emissions CISPR 11</td>
<td>Group 1</td>
<td>The device uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.</td>
</tr>
<tr>
<td>RF emissions CISPR 11</td>
<td>Class B</td>
<td>The device is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network.</td>
</tr>
<tr>
<td>Harmonic emissions IEC 61000-3-2</td>
<td>Class A</td>
<td></td>
</tr>
<tr>
<td>Voltage fluctuations/Flicker emissions IEC 61000-3-3</td>
<td>Complies</td>
<td></td>
</tr>
</tbody>
</table>

**GUIDANCE AND MANUFACTURER’S DECLARATION - ELECTROMAGNETIC IMMUNITY:** This device is intended for use in the electromagnetic environment specified below. The user of this device should make sure it is used in such an environment.

<table>
<thead>
<tr>
<th>IMMUNITY TEST</th>
<th>IEC 60601 TEST LEVEL</th>
<th>COMPLIANCE LEVEL</th>
<th>ELECTROMAGNETIC ENVIRONMENT - GUIDANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Electrostatic Discharge (ESD)</td>
<td>±6 kV contact</td>
<td>±6 kV contact</td>
<td>Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.</td>
</tr>
<tr>
<td>IEC 61000-4-2</td>
<td>±8 kV air</td>
<td>±8 kV air</td>
<td></td>
</tr>
<tr>
<td>Electrical Fast Transient/Burst</td>
<td>±2 kV for power supply lines</td>
<td>±2 kV for supply mains</td>
<td>Mains power quality should be that of a typical home or hospital environment.</td>
</tr>
<tr>
<td>IEC 61000-4-4</td>
<td>±1 kV for input/output lines</td>
<td>±1 kV for input/output lines</td>
<td></td>
</tr>
<tr>
<td>Surge</td>
<td>±1 kV differential mode</td>
<td>±1 kV differential mode</td>
<td>Mains power quality should be that of a typical home or hospital environment.</td>
</tr>
<tr>
<td>IEC 61000-4-5</td>
<td>±2 kV common mode</td>
<td>±2 kV common mode</td>
<td></td>
</tr>
<tr>
<td>Voltage dips, short interruptions and voltage variations on power supply input lines</td>
<td>&lt;5% U&lt;sub&gt;T&lt;/sub&gt;, (&gt;95% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 0.5 cycle 40% U&lt;sub&gt;T&lt;/sub&gt;, (60% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 5 cycles 70% U&lt;sub&gt;T&lt;/sub&gt;, (30% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 25 cycles &lt;5% U&lt;sub&gt;T&lt;/sub&gt;, (&gt;95% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 5 sec</td>
<td>&lt;5% U&lt;sub&gt;T&lt;/sub&gt;, (&gt;95% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 0.5 cycle 40% U&lt;sub&gt;T&lt;/sub&gt;, (60% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 5 cycles 70% U&lt;sub&gt;T&lt;/sub&gt;, (30% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 25 cycles &lt;5% U&lt;sub&gt;T&lt;/sub&gt;, (&gt;95% dip in U&lt;sub&gt;T&lt;/sub&gt;) for 5 sec</td>
<td>Mains power quality should be that of a typical home or hospital environment. If the user of the device requires continued operation during power mains interruptions, it is recommended that the device be powered from an uninterruptible power supply or a battery.</td>
</tr>
<tr>
<td>IEC 61000-4-11</td>
<td>3 A/m</td>
<td>3 A/m</td>
<td>Power frequency magnetic fields should be at levels characteristic of a typical location in a typical hospital or home environment.</td>
</tr>
</tbody>
</table>

**NOTE:** U<sub>T</sub> is the a.c. mains voltage prior to application of the test level.
**GUIDANCE AND MANUFACTURER'S DECLARATION - ELECTROMAGNETIC IMMUNITY:** This device is intended for use in the electromagnetic environment specified below. The user of this device should make sure it is used in such an environment.

<table>
<thead>
<tr>
<th>IMMUNITY TEST</th>
<th>IEC 60601 TEST LEVEL</th>
<th>COMPLIANCE LEVEL</th>
<th>ELECTROMAGNETIC ENVIRONMENT - GUIDANCE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Conducted RF</td>
<td>IEC 61000-4-6</td>
<td>3 Vrms</td>
<td>3 Vrms</td>
</tr>
<tr>
<td>Radiated RF</td>
<td>IEC 61000-4-3</td>
<td>3 V/m</td>
<td>3 V/m</td>
</tr>
</tbody>
</table>

Portable and mobile RF communications equipment should be used no closer to any part of the device, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.

**Recommended separation distance:**

- For 150 kHz to 80 MHz:
  \[ d = 1.2 \sqrt{P} \]
  Where \( P \) is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and \( d \) is the recommended separation distance in meters (m).

- For 800 MHz to 2.5 GHz:
  \[ d = 2.3 \sqrt{P} \]

Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, should be less than the compliance level in each frequency range.

Interference may occur in the vicinity of equipment marked with the following symbol:

**NOTE 1:** At 80 MHz and 800 MHz, the higher frequency range applies.

**NOTE 2:** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.

- **a:** Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the device is used exceeds the applicable RF compliance level above, the device should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the device.

- **b:** Over the frequency range 150 kHz to 80 MHz, the field strengths should be less than 3 V/m.
**Recommended Separation Distances between Portable and Mobile RF Communications Equipment and This Device:**
The device is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of this device can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and this device as recommended below, according to the maximum output power of the communications equipment.

<table>
<thead>
<tr>
<th>Rated Maximum Power Output of Transmitter (W)</th>
<th>Separation Distance According to Frequency of Transmitter (m)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>150 kHz to 80 MHz</td>
</tr>
<tr>
<td></td>
<td>( d = 1.2 \sqrt{P} )</td>
</tr>
<tr>
<td>0.01</td>
<td>0.12</td>
</tr>
<tr>
<td>0.1</td>
<td>0.38</td>
</tr>
<tr>
<td>1</td>
<td>1.2</td>
</tr>
<tr>
<td>10</td>
<td>3.8</td>
</tr>
<tr>
<td>100</td>
<td>12</td>
</tr>
</tbody>
</table>

For transmitters rated at a maximum output power not listed above, the recommended separation distance \( d \) in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where \( P \) is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

**Note 1:** At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

**Note 2:** These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects, and people.
**LIMITED WARRANTY**

Respironics, Inc. warrants that the BiPAP AVAPS system shall be free from defects of workmanship and materials and will perform in accordance with the product specifications for a period of two (2) years from the date of sale by Respironics, Inc. to the dealer. If the product fails to perform in accordance with the product specifications, Respironics, Inc. will repair or replace – at its option – the defective material or part. Respironics, Inc. will pay customary freight charges from Respironics, Inc. to the dealer location only. This warranty does not cover damage caused by accident, misuse, abuse, alteration, and other defects not related to material or workmanship.

Respironics, Inc. disclaims all liability for economic loss, loss of profits, overhead, or consequential damages which may be claimed to arise from any sale or use of this product. Some states do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

This warranty is given in lieu of all other express warranties. In addition, any implied warranties – including any warranty of merchantability or fitness for the particular purpose – are limited to two years. Some states do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

To exercise your rights under this warranty, contact your local authorized Respironics, Inc. dealer or contact Respironics, Inc. at:

1001 Murry Ridge Lane  
Murrysville, Pennsylvania 15668-8550  
1-724-387-4000